



EAST LONDON TRIATHLETES

MEMBERSHIP TO EAST LONDON TRIATHLETES



PERSONAL DETAILS			
NAME			
ADDRESS			
		POST CODE	
HOME PHONE No.		WORK PHONE No.	
		MOBILE No.	
EMAIL			
DATE OF BIRTH			

MEDICAL AND EMERGENCY INFORMATION			
Relevant medical conditions:		Medication(s):	
Allergies:		Emergency Contact / Relationship:	
Emergency Tel:		Emergency Mob:	

EQUAL OPPORTUNITIES MONITORING (Please tick appropriate box.)							
WHITE							
British		Other					
MIXED							
White & Black Caribbean		White & Black African		White & Asian		Other	
ASIAN AND ASIAN BRITISH							
Indian		Pakistani		Bangladeshi		Other	
BLACK OR BLACK BRITISH							
Caribbean		African		Other			
CHINESE OR OTHER ETHNIC GROUP							



Welcome to our club. Please read the following notes on membership.

Membership is renewable annually and is due on **1st January**. There is a discount of £3.00 for renewing before 1st January.

Full membership	£33
Discounted for early renewal	£30

Non wage earners	£12
Discounted for early renewal	£10

Half year for those joining after 1 st July	
Full membership	£20
Non wage earners	£8

Members who join after **1st of October** pay full membership rate but receive free membership for the following year.

ELT members receive discounts on membership to Triathlon England (formerly British Triathlon Association). Please see the Triathlon England website for details.

ELT members also receive discounts from our sponsors **SwimForTri** and **TriandRun**.

East London Triathletes organise an annual Duathlon held in April. It is a condition of membership that you make every effort to be available to help organise or marshall the event. Nb it's usually fun and the competitors are normally very appreciative!

It is your responsibility to look after your own safety and the safety of fellow athletes whilst taking part in club activities. This means that you should not take part in any activity if you have a medical condition which would make it unsafe for you to do so. Also you must take reasonable safety precautions like wearing a cycle helmet etc.

Completed application forms can either be posted or emailed to:

Ralph Robinson
ELT Membership Secretary
112 Queenborough Gardens, Ilford
IG2 6YB
Ralph.Robinson@walthamforest.gov.uk